



FACIAL TREATMENTS

Specialized Diagnostics

Luminara Comprehensive Assessment



A comprehensive assessment of skin, body composition and wellness goals to design a truly personalized plan.

Includes:

- Digital Facial Analysis
- Body Composition Analysis
- Professional interpretation of results
- Personalized treatment recommendations.

\$50.00

Facial Analysis



Discover the true condition of your skin with a high-precision assessment. Our technology combines AI, high-resolution cameras to analyze your skin in depth. This allows us to design a personalized treatment focused on achieving better results.

\$35.00

STYKU Body Analysis



STYKU is a 3D body-scanning system that precisely measures body shape and physical changes, providing each guest with clear, measurable results.

\$35.00

[Click here to book a service now.](#)

Photobiomodulation



Advanced full-body light therapy helps relieve pain, reduce inflammation, and support tissue recovery. Experience a higher level of recovery and body renewal with this treatment not invasive, which uses the LumiBOT body arch system in combination with pads and therapeutic light wraps to emit red and infrared wavelengths

Regenerative Red and Infrared Light Session



A private phototherapy session inside the LumiPod, Luminara's exclusive wellness pod designed for restorative escapes.

30 minutes.

\$35.00

Regenerative Red and Infrared Light Session Plus



Complete light therapy experience for body, face and mind Experience ultimate restorative wellness in an immersive head-to-toe session for a total renewal, includes lymph node stimulation

60 minutes.

\$70.00

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FACIAL TREATMENTS

Essential Facial Cleansing



Renew and refresh your skin with a professional cleansing that eliminates superficial impurities, excess fat and dead cells, returning luminosity and well-being to the face.

60 minutes.

\$75.00

Deep Facial Cleansing



Intensive treatment that cleans pores in depth by extracting impurities and specific protocols to decongest the skin, improve its texture and promote a healthier appearance.

90 minutes.

\$100.00

Acne Facial Treatment



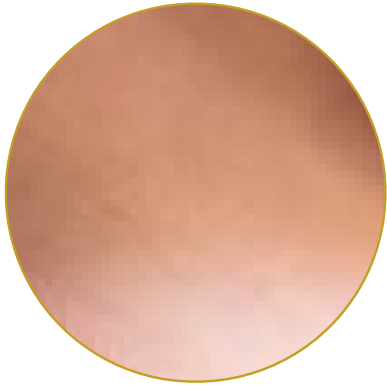
A professional protocol designed for acne-prone skin, focuses on reducing pore congestion, accelerate cell renewal, fight bacteria and reduce inflammation.

90 minutes

\$100.00

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Depigmentation Treatment

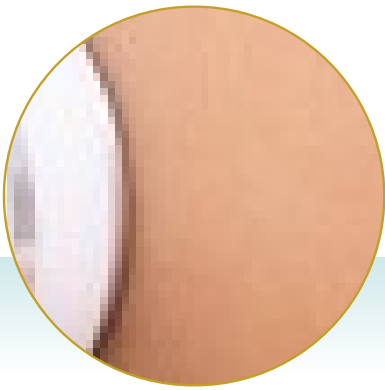


Specialized treatment to correct skin pigmentation and improve the uniformity of skin tone. It is indicated for superficial stains caused by photoaging, sun exposure or pigmentary changes, providing a brighter appearance.

90 minutes/\$100.00

6 sessions \$450.00

Melasma Treatment



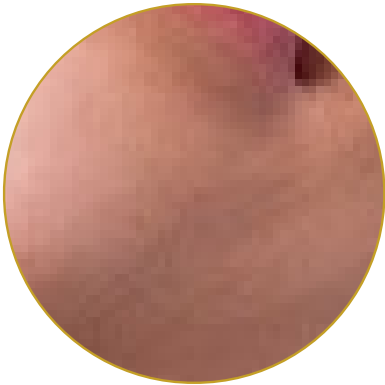
Protocol designed to address melasma, a condition characterized by spots caused by hormonal and multifactorial. The objective is to regulate the production of melanin, reduce the intensity of pigmentation and contribute to the maintenance of a more uniform skin tone.

90 minutes/\$120.00

6 sessions \$600.00

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Facial Firming Treatment

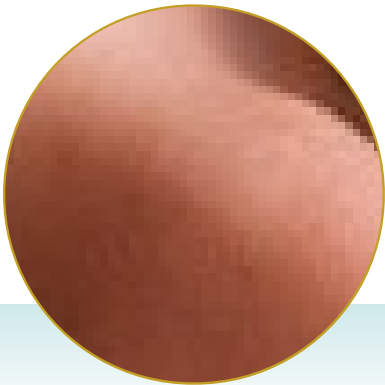


Its main objective is to stimulate the creation of collagen and elastin, returning the structure, elasticity and luminosity to the face for a younger and revitalized appearance.

90 minutes/\$100.00

6 sessions \$500.00

Expression Line Treatment



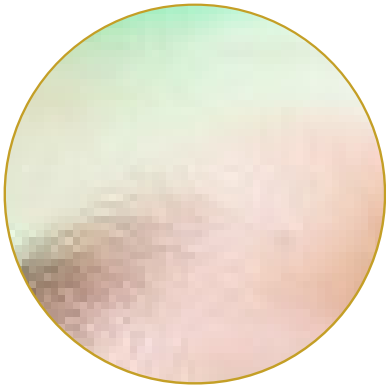
Treatment of premature aging, reducing expression lines and increasing natural collagen production. They provide elasticity, improve texture and restore luminosity and firmness to the skin.

90 minutes/ \$120.00

6 sessions \$600.00

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Sensitive Skin Treatment

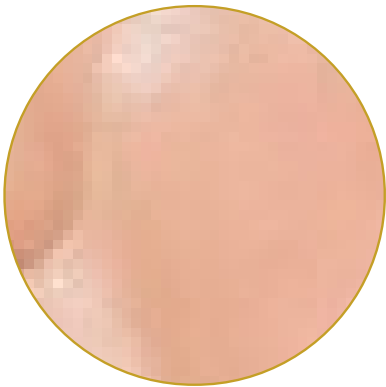


Treatment designed for sensitive, reactive or redness-prone skin. His
The goal is to soothe, strengthen and restore the skin barrier, providing comfort, hydration and balance.

90 minutes/\$100.00

5 sessions \$400.00

Intensive Brightening Facial



Dermaplaning offers visible benefits from the first session such as smoother and brighter skin
By removing the layer of dead cells and impurities, the skin automatically looks more radiant and uniform, immediate “glow” effect.

90 minutes

\$140.00

Hydrafacial



Advanced facial treatment that combines deep cleansing, exfoliation, extraction of impurities and intensive hydration through specialized technology. Helps improve texture, luminosity and hydration of the skin, leaving it revitalized and with a healthy appearance.

90 minutes..

\$100.00

[Click here to book a service now.](#)

Facial Lymphatic Drainage



Through this massage, the activation of the lymphatic system is achieved, which is the largest responsible for forming and activating the immune system, eliminating excess lymphatic fluid in prone points such as around the eyes and neck, reducing the feeling and appearance of tiredness in the face.

60 minutes.

\$70.00

Manual Facial Lift



Biostimulating and non-invasive massage technique that tones muscles, smoothes wrinkles and improves sagging and facial contour. This natural therapy activates circulation and stimulates collagen production for a rejuvenating and firming effect.

60 minutes.

\$70.00

Neurosedative Facial



Manual therapy that uses slow, rhythmic movements and subtle pressures.

Its objective is to stimulate the parasympathetic nervous system to reduce stress, relieve tension accumulated in the face and neck, and promote deep relaxation.

60 minutes.

\$70.00

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BODY TREATMENTS

Deep Back Cleansing



Specialized treatment to renew the skin of the back, eliminate dead cells, improve texture, decongest pores and provide a more uniform and luminous appearance. Ideal for skin with impurities, irregular texture or acne tendency.

60 minutes.

\$70.00

Deep Gluteal Cleansing



Treatment focused on improving the texture and appearance of the skin of the buttocks through specialized exfoliation, helping to smooth irregularities, reduce roughness and promote more uniform and luminous skin.

60 minutes.

\$70.00

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General Wellness Therapies

Relaxation Massage

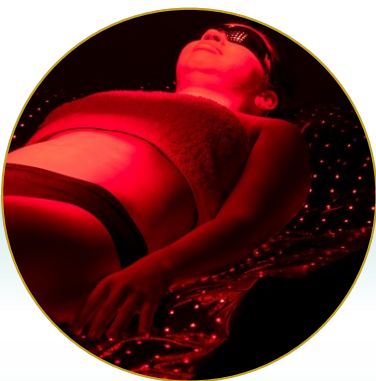


This massage promotes deep relaxation by calming the nervous system. As blood pressure and heart rate ease, circulation and digestive activity increase, and the lymphatic system is stimulated to help carry waste products.

60 minutes.

\$75.00

Relaxation Massage with Red and Infrared Light



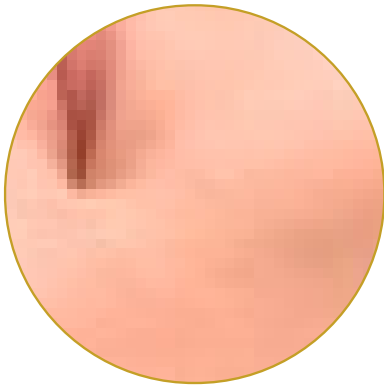
Combines relaxation massage with red and infrared light therapy to support cellular recovery, promote deep relaxation, and relieve muscle tension for whole-body well-being.

90 minutes.

\$100.00

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Couples Massage

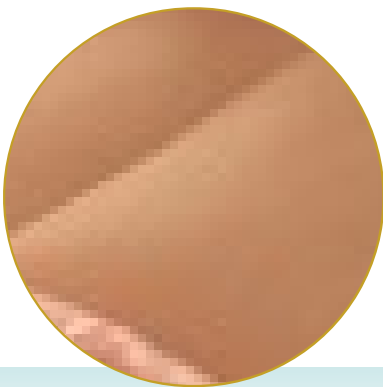


A synchronized massage for two people, performed in the same room on adjacent treatment tables. It is ideal for couples, friends, or family members. Relax and unwind together while enjoying a calming shared experience.

90 minutes.

\$150.00

Manual Lymphatic Drainage



Gentle, rhythmic massage designed to move lymph through the body to the lymph nodes so that can be eliminated naturally by the body.
Reduces swelling: It is highly effective in treating edema and fluid retention
Speeds recovery: helps reduce inflammation, bruising and pain.
Improves circulation: Promotes venous and lymphatic return.

90 minutes/includes red and infrared light

\$100.00

[Click here to book a service now.](#)

Neurosedative Massage



Facilitates decompression of the entire organism and provides a rebalance on a physical, mental and emotional, indicated for problems of insomnia, stress, nervousness, irritability, tension, anxiety, considered a good complement to psychological treatments

90 minutes/ includes red and infrared light

\$100.00

Foot Reflexology



Relief from stress, anxiety, stimulates blood and lymphatic flow, promoting oxygenation of tissues, relief of headaches, migraines, muscle or joint pain, promotes good functioning of the digestive, lymphatic and immune systems, improves the quality of sleep and helps combat insomnia.

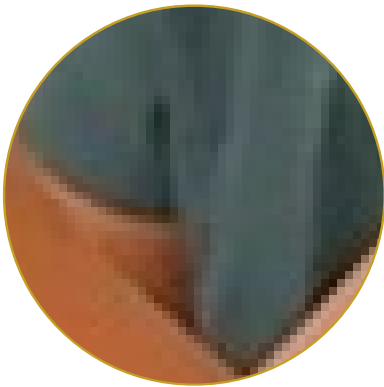
60 minutes/includes red and infrared light

\$75.00

[Click here to book a service now.](#)

Pain Relief and Recovery Massages

Deep Tissue Massage



Deep tissue massage targets chronic tension in muscles beneath the body's surface, reaching the deeper layers of muscle muscular.

90 minutes/includes red and infrared light

\$100.00

Muscle Release Massage



Uses focused, deep-pressure techniques on painful areas to release muscle tightness and trigger points, helping restore normal muscle muscle.

90 minutes/includes red and infrared light

\$100.00

[Click here to book a service now.](#)

[Myofascial Release Therapy](#)



Myofascial release focuses on the fascia, the connective tissue that surrounds the muscles, bones and organs. A healthy fascia glides smoothly; a restricted fascia causes pain and stiffness, these adhesions can block circulation and cause pain, limitation of movement and inflammation.

90 minutes/includes red and infrared light

\$100.00

[Lumbar-Sciatic Therapy](#)



This therapy helps relieve pressure on the nerve by reducing tension in the lower back, glutes and hamstrings, it also increases circulation and blood flow to the area with pain which helps more nutrients and oxygen arrive to promote healing.

90 minutes/includes red and infrared light

\$100.00

[Click here to book a service now.](#)

Lipedema Treatment



Lipedema is a progressive disease of fatty tissue that almost exclusively affects women and is characterized by an accumulation of pathological fat predominantly in the arms and legs.

**90 minutes/\$120
includes infrared red light**

5 sessions \$500.00



Why is massage important in lipedema?

- Improves lymphatic and venous circulation.
- Relieves the feeling of heavy legs.
- Reduces congestion and edema.
- Improves mobility and functionality.
- It can have a calming effect on an emotional level.

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Sports Therapies

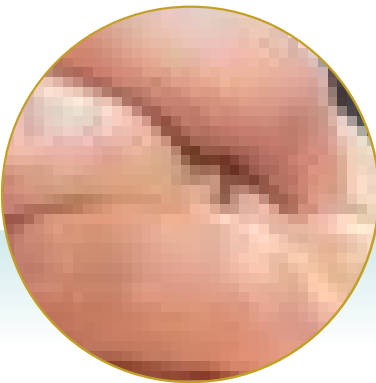
Training Massage



It is the massage performed during periods of regular physical preparation, continuous support for improve performance, reduce tension and optimize muscle recovery.

- Complete 90 minutes/value **\$100**
- Located 60 min/ value **\$75**
- Includes red and infrared light

Muscle Recovery Massage



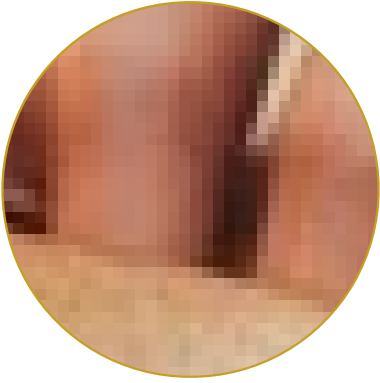
It is performed 24–72 hours after training or competing, when the tissue tolerates the work better. deep.

- Complete 90 minutes/value **\$100**
- Located 60 min/value **\$75**
- Includes red and infrared light
- Special prices for athletes when purchasing a package

[Click here to book a service now.](#)

Pre-Event Sports Massage

It is the muscle preparation and activation massage before competition or training and last step before this.



- Between 15 and 60 minutes before competing.
- In high intensity sports: 15–30 minutes before.
- In endurance sports: up to 45–60 minutes before.
- Special prices for athletes when purchasing a package.

30 minutes

\$35.00

Post-Workout / Post-Competition Massage

It is the massage performed after a competition or intense physical effort.



- Between 15 minutes to 2 hours post-competition.
- Duration: approximately 60 minutes.
- Special prices for athletes when purchasing a package

60 minutes

\$75.00

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Functional Therapies

Express Pressotherapy



Ideal for quick drainage, tired legs and light recovery, with compression suit sequential compression.

30 minutes.

\$50.00

Comprehensive Pressotherapy



Complete session focused on drainage, circulatory rest and deep recovery with a suit sequential compression.

60 minutes

\$80.00

Body Heat Therapy



A deep infrared surround thermal system helps stimulate body relaxation and feeling of complete rest

60 minutes.

\$70.00

[Click here to book a service now.](#)

LUMINARA PACKAGES

Luminara Shared Massage Package

Give yourself well-being or share it with someone special.

By purchasing our package you have the freedom to enjoy it yourself or share it with a special person

**6 massage sessions + Red and Infrared Light
90 minutes \$485**

Luminara Shared Photobiomodulation Package

By purchasing our package you have the freedom to enjoy it yourself or share it with a special person

6 photobiomodulation sessions 60 minutes \$360

[Click here to book a service now.](#)



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Body Contouring

They are manual techniques, wood therapy and appliances that help achieve the objective.

Duration of 90 minutes.

Inch Reduction

Sculpt

Firming

Cellulitis

Single Body-Slimming

Session
\$100.00

5 SESSIONS \$400.00

- Abdominal contouring
- Leg contouring
- Arm contouring
- Back contouring
- Comprehensive body shaping/ **\$750** for 2 zones

[Click here to book a service now.](#)



Cellulite Treatment

Helps improve the appearance of the skin, promoting a smoother texture and better circulation in the area.

- Cellulite in buttocks and thighs
- Cellulite abdomen and flanks
- Cellulite arms

90 MINUTES \$100

5 SESSIONS \$400.00

[Click here to book a service now.](#)



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Body Firming Treatment

Helps improve the tone of the skin of the abdomen, promoting a firmer and more defined appearance.

90 MINUTES \$100

5 SESSIONS \$400.00

- Abdominal firming
- Arm firming
- Firming buttocks and legs
- Comprehensive firming/post weight loss/ **\$750** for 2 zones

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Scalp and Hair Therapy



Cellular Activation: It sends a regeneration signal to the scalp, increasing circulation and "awakening" sleeping follicles.

Multiplied Absorption: It opens direct channels so that vitamins and anti-hair loss lotions penetrate deeply, multiplying their effectiveness.

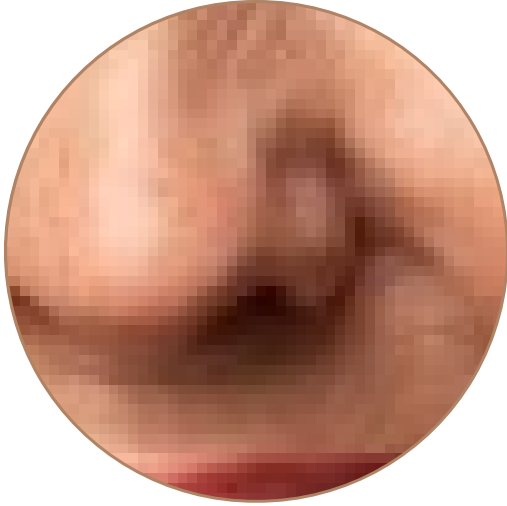
Strong Anchor: Stimulates hair collagen, making new hair grow thicker, more resistant and with stronger anchoring.

The result: A reactivated scalp and visibly denser, stronger and healthier hair.

90min \$145

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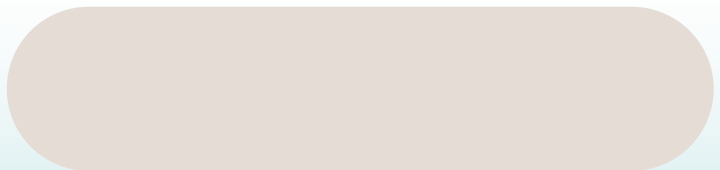
Comprehensive Recovery Program



Luminara Renacer is a comprehensive care experience designed for people going through physical or emotional recovery processes, periods of high physical demand, hospitalizations prolonged treatments or treatments that have caused strain affecting the skin and overall well-being.



The Luminara Renacer program is designed as an experience of well-being, comfort and comprehensive care. It does not constitute a medical, physiotherapeutic, oncological or psychological, and does not substitute in any case the assessment, diagnosis, monitoring or treatment indicated by health professionals.



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Midday Menu

Executive Massage 30

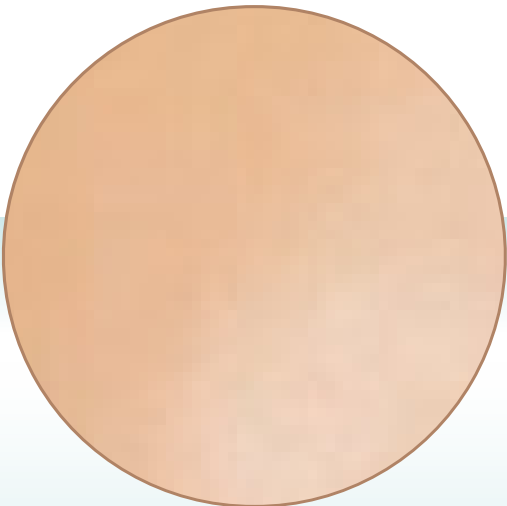


A session focused on releasing the areas where stress accumulates the most: neck, shoulders, back and head.

30 minutes

\$ 35.000

Executive Massage 60



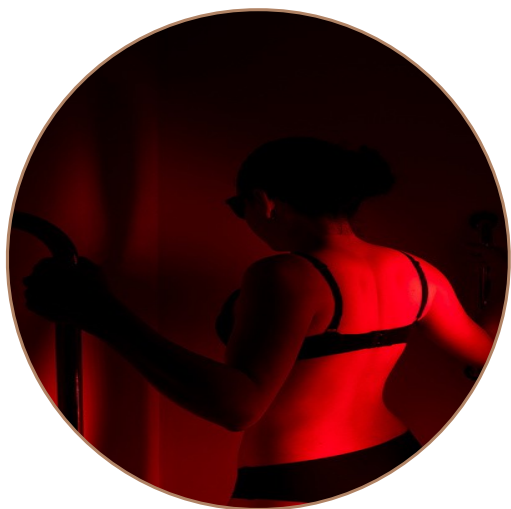
A more complete experience to restore body and mind during your midday break. Ideal for those who want a deep recovery without waiting for the end of the day.

60 minutes

\$ 50.000

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[Express Phototherapy 30](#)



A therapeutic light session designed to promote relaxation, well-being and physical recovery in an efficient time.

30 minutes

\$ 35.000

[Restorative Phototherapy 60](#)



A longer experience that allows you to fully enjoy the benefits of phototherapy within an environment of tranquility and rest.

60 minutes

\$ 50.000

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SPECIAL CELEBRATIONS



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Glow Party



Designed for groups of 4 to 8 people, with each guest enjoying a 30-minute relaxation massage.

\$350.00-600.00 approx

Radiance Circle



Ideal For birthdays, bachelorette parties or getaways with friends, this 3-hour event invites 4 to 6 people to enjoy a luxurious 30-minute express facial tailored to each type of skin.

\$350.00-600.00 approx

Luxe Glow

Premium Wellness Party
Experience



Our most exclusive group spa experience. Ideal for birthdays, bridal showers or special gatherings, this 3-hour package for 4 to 6 people includes a 30-minute relaxing massage, a 30-minute express facial, relaxing aromatherapy, and 15 minutes of revitalizing light therapy.

\$400.00-700.00 approx

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Event Services with Body and Facial Diagnostics

Luminara Diagnostic Station / Luminara Health & Wellness Experience



At Luminara we offer body and facial evaluation services for business events, sporting events, health fairs, wellness activities and corporate programs. Our team travels to your event with specialized technology to perform analysis personalized that allow each participant to better know their current status and receive recommendations tailored to their goals.



Exclusive service for companies

Custom Quote

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Luminara Spa and Wellness Center



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